

Good Shepherd Hospice Bereavement and Support Group Programs



GOOD SHEPHERD
HOSPICE

A Chapters Health® Affiliate

After losing a loved one, some survivors may find that the pain associated with that loss doesn't lessen with time. Support groups provide a safe place to express feelings, share experiences, learn about grief and move ahead in the grief process. Good Shepherd Hospice provides various support groups throughout the year. We hope you will take advantage of the group that best suits your needs and circumstances.

You do not have to be the loved one of a hospice patient to participate in these support groups. We are pleased to offer all of our programs to anyone residing in Polk, Highlands or Hardee County who has experienced the death of a loved one. All support groups are provided at no charge to participants. For more info and to register for support groups, please call 863-968-1739 or 1-800-464-3994 or visit the calendar at www.chaptershealth.org.

Individual Counseling During COVID-19

At Good Shepherd Hospice, we continue to provide grief support for bereaved family and friends in Polk, Highlands and Hardee counties during this difficult time. Individual counseling with a bereavement specialist is available through Zoom video or over the phone. Please call for more information and to register.

Adult Grief Support Groups

Due to COVID-19, we have temporarily suspended in-person support groups at our office locations. These groups are currently provided in Zoom video or conference call formats and can be joined at any time. These support groups are for adults grieving the loss of a loved one.

First and third Tuesdays

10:30 a.m. – noon

Second and fourth Tuesdays

5:30 – 7 p.m.

Second and fourth Wednesdays

10:30 a.m. – noon

Thursdays (weekly)

10:30 a.m. – noon

Second and fourth Thursdays

5:30 – 7 p.m.

Specialty Grief Support Groups

These groups cater to specific types of loss and can be joined at any time. Please call with questions or to register.

Loss of an Adult Child

For parents grieving the loss of a child, age 18+

Second Monday

4:30 – 6 p.m.

Survivors of Suicide

For those whose loved ones have died by suicide

Third Tuesday

5:30 – 7 p.m.

The Bethany Center Child & Teen Support Group

For children and teens, ages 5 to 17

Please call to register and join our Zoom calls for a grief activity, parent/guardian support and visiting with our grief center team!

Third Thursday

6 – 7:30 p.m.

Please call for scheduling information.