

MARCH 2020

LifePath Hospice Bereavement and Support Group Programs



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HOSPICE

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After the loss of a loved one, some survivors may find the pain associated with their loss doesn't lessen with time. Individual grief counseling and support groups provide a safe place to express feelings, share experiences, learn about grief and move ahead in the process. LifePath Hospice provides various support groups and individual counseling. It is our hope that you will take advantage of the programs that best suit your particular needs and circumstances.

You don't have to be the loved one of a LifePath Hospice patient to participate in these support services. We are pleased to offer our programs to anyone residing in Hillsborough County who has experienced the death of a loved one. Preregistration is required for all offerings. For more information and to register for support groups, please call 813-877-2200 or visit the calendar at www.chaptershealth.org.

New Beginnings Adult Grief Support Groups

Eight-week support groups for adults grieving the loss of a loved one. For more information, visit the calendar at www.chaptershealth.org or call 813-877-2200. We make every effort to accommodate your group preference, but please be aware that the group size is limited.

Sun City Center

Mondays, March 16 – May 4, 1 – 2:30 p.m.

Brandon

Tuesdays, March 17 – May 5, 6 – 7:30 p.m.

South Tampa

Mondays, March 16 – May 4, 6 – 7:30 p.m.

Plant City

Thursdays, March 19 – May 7, 10:30 a.m. – noon

Temple Terrace

Thursdays, March 19 – May 7, 6 – 7:30 p.m.

Carrollwood

Thursdays, March 26 – May 14, 2 – 3:30 p.m.

Circle of Love Center

Providing support for young griever ages 3 to 18 and their families.

Save the Date!

Camp Circle of Love March 27 – 29

Space is limited, details on back of calendar

Tampa

Second and fourth Tuesdays or Thursdays
Mar. 10 or 12, and April 14 or 16 and 28 or 30
6 – 7:30 p.m.

Apollo Beach

Second and fourth Tuesdays
March 10 and April 14 & 28
6 – 7:30 p.m.

Loss of a Child Support Group

Providing support for the loss of minor and adult children
Temple Terrace Call 813-877-2200 for details.

Ongoing Specialty Bereavement Support Groups

These specialized support groups can be joined at any time. Please call with questions or to register.

Young Adult Support Group

Providing support in a social environment for young adults ages 18-30

Tampa

First and third Tuesdays

March 3 & 17 and April 7 & 21
6 – 7:30 p.m.

Suicide Loss Support Group

Providing support to those who have lost a loved one to suicide

South Tampa

Second and fourth Mondays

March 9 & 23 and April 13 & 27
6 – 7:30 p.m.

Aston Gardens Support Group

Providing support to Tampa community and residents

Aston Gardens of Tampa/Westchase

Second and fourth Mondays

March 9 & 23 and April 13 & 27
10 – 11:30 a.m.

AdventHealth Support Group

Providing support to the Tampa community

AdventHealth – Carrollwood

Second and fourth Tuesdays

March 10 & 24 and April 14 & 28
6:15 – 7:45 p.m.

LifePath Hospice offers its 28th annual
Camp Circle of Love

a weekend camp for children who have experienced the loss of a loved one

March 27 – 29, 2020

All children need to be surrounded by love, especially those who have recently experienced the death of a loved one. LifePath Hospice recognizes the special needs of these children and has created

Camp Circle of Love. This weekend camp for children, ages 6 to 18, helps those who have recently lost a loved one share their feelings of loss with others. The experience combines healing with fun, letting children know that life still has a lot to offer.

Location

Camp is held at the 100-acre Lakewood Retreat Center in Brooksville (35 miles north of Tampa). Round-trip transportation is provided for all campers from LifePath Hospice's Tampa office via chartered bus. Camp is situated in a rustic, wooded setting with secure, comfortable cabins. Well-prepared meals will be provided and served daily.

Camp Staff

Camp staff members include a full-time registered nurse, LifePath Hospice staff and other dedicated volunteers. Each cabin is assigned a professionally trained cabin leader who assists with group discussions and provides support, as needed. All camp staff members undergo background checks and receive comprehensive training.

Activities

Camp combines exciting outdoor activities with opportunities for brief group discussions led by professionally trained cabin leaders. One of the most poignant activities is a memorial service designed to provide healing and closure opportunities for the child. Supervised camp activities include swimming, arts and crafts, camp fires, hay rides and team sports.



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Sponsorship Opportunities

LifePath Hospice is seeking sponsors to underwrite Camp Circle of Love. If you are interested in making monetary or in-kind donations, please contact the Chapters Health Foundation at 813-871-8444.

How to Register

Registration includes completing an application and participating in an interview with a LifePath Hospice counselor. Registration is required for attendance. Children are accepted to participate in camp based on appropriateness and space availability. Following the interview, families will be notified as to each camper's status regarding camp registration and attendance.

For more information, call the LifePath Hospice Bereavement Department at 813-877-2200 or visit www.chaptershealth.org.

Watch the Camp Circle of Love video on the Chapters Health YouTube channel to learn more.