





### Hospice Eligibility August 2018



GOOD SHEPHERD HOSPICE • LIFEPATH HOSPICE

IPH HOSPICE • HPH HOME HEALTH • PALLIATIVE CARE

## **Objectives**

Identify who can make a hospice referral

Review hospice eligibility and disease-specific prognostic indicators

Review Open Access philosophy



## Who Can Make A Referral To Hospice?

- Physicians
- Nurses
- Clergy
- Counselors
- Co-workers
- Family members

- Hospital discharge coordinators
- Friends
- Patient



### **Hospice Referral Process**

To refer a patient for a LifePath Hospice eligibility assessment:

Call: 813-357-5769





## **Hospice Eligibility**

- Patient's life expectancy limited to 6 months or less if disease progresses at its natural course
- Patient is no longer seeking curative treatment
- Pain, symptom management and quality of life is the patient and family goal of care
- Services provided based on medical need



## **Hospice Eligibility**

- Requires patient terminal illness meet established medical indicators for admission & continued eligibility
- Medical indicators are used in hospice & are called Local Coverage Determinations (LCDs)
- These standards utilize the same language for all hospices to establish admission & continued eligibility



## Disease Specific LCDs or Prognostic Indicators

- Cardiopulmonary
   Disease
- 2. Human Immunodeficiency Virus (HIV)
- 3. Liver Disease
- Alzheimer's and Related Disorders
- 5. Neurologic Disease

- 6. Amyotrophic Lateral Sclerosis (ALS)
- 7. Renal Disease
- 8. Cancer
- Noncancer/Generic (electronic version)



## Cardiopulmonary Disease Eligibility

<u>Cardiac Disease:</u> Symptoms of CHF at rest, NYHA Class IV disease

Eligibility may be supported by:

- EF < 20%
  - Optimally treated with diuretics and vasodilators (ACE inhibitors)

OR

 Ischemic symptoms (angina), arrhythmias resistant to treatment, syncope, CVA (embolic origin), history of cardiac arrest



## Cardiopulmonary Disease Eligibility

<u>Pulmonary Disease:</u> Disabling dyspnea at rest (bed to chair; fatigue/cough)

Eligibility may be supported by:

- FEV1 <30% of predicted</li>
- Progression of disease (increased ER visits or hospitalizations)
- Other: Cor pulmonale;O2 sat <89% (on room air) or pCO2 > 50 mm HG; weight loss > 10% 6 months, resting tachycardia



## **HIV Disease Eligibility**

#### Eligibility may be supported by:

- CD4 count < 25 cells/mcL</li>
- Viral load > 100,000 copies/ml
- Opportunistic diseases such as CNS lymphoma, cryptospiridium, PML, wasting (>33% body weight loss), MAC bacteremia, visceral KS, renal failure, AIDS dementia, toxoplasmosis, active hepatitis B or C
- Other: chronic diarrhea, albumin <2.5 gm/dl, substance abuse, age >50, no antiretrovirals, symptomatic CHF



## Liver Disease Eligibility

<u>Clinical indicator of Liver Disease</u>: refractory ascites, spontaneous bacterial peritonitis, hepatorenal syndrome, recurrent variceal bleeding, hepatic encephalopathy Eligibility may be supported by:

- Prolonged Prothrombin time (PT) >5 seconds over control or INR > 1.5 and serum albumin <</li>
   2.5 gm/dl
- Other: progressive malnutrition, muscle wasting, continued alcoholism, Hep B surface antigen positivity



# Alzheimer's Disease and Related Disorders Eligibility

Functional Assessment Staging Scale (FAST) 7 or greater

 Stage 7 includes: all stages of 6a-6d (urinary/fecal incontinence and ADLs assistance required

7A - speech limited to 6 words/day

7B - speech limited to 1 word/day

7C – ambulatory ability lost

7D - unable to sit without assistance

7E - unable to smile

7F - unable to hold head up



# Alzheimer's Disease and Related Disorders Eligibility

Eligibility may be supported by:

#### Secondary conditions:

Decubitus ulcers (stage 3-4), dysphagia, aspiration pneumonia, catheter induced UTI, contractures, weight loss > 10% in 6 months, albumin < 2.5 gm/dl

#### Comorbid conditions:

COPD, CHF, diabetes mellitus, osteoarthritis, Parkinson's disease, cerebrovascular disease, etc.



## Neurologic Disorders Eligibility

- The combined effects of the primary neurologic condition and identified comorbid conditions such that beneficiaries have a prognosis of 6 months or less
- Structural/functional impairments, together with activity limitations
- Use of International Classification of Functioning (ICF) to help identify unique needs of these individuals is recommended



## Stroke and Coma Eligibility

- Palliative Performance Scale (PPS) 40 or <40 (mainly in bed, unable to work, mainly assist with self care, normal to reduced food/fluid intake, fully conscious or drowsy)
- Unable to maintain hydration or intake:

Eligibility supported by:

- weight loss 10% in 6 months; 7.5% in 3 months
- albumin < 2.5 gm/dl; creatinine > 1.5 mg/dl
- pulmonary aspiration
- Other: absent verbal response, absent withdrawal to pain, evidence of rapid decline or relevant comorbidity



# Amyotrophic Lateral Sclerosis (ALS) Eligibility

- Sufficient clinical information including ICF
   (International Classification of Functioning, disability
   and health) to identify needs
- Secondary conditions: dysphagia, aspiration pneumonia, pressure ulcers, severe weakness
- Comorbid conditions: COPD, CHF, osteoarthritis, diabetes mellitus
- Together would have a prognosis of 6 months or less



### **Renal Disease Eligibility**

Not seeking dialysis or transplant and eligibility supported by:

- Serum creatinine > 8 mg/dl or >6 mg/dl: diabetics
- Creatinine clearance < 10 ml/min or < 15 ml/min: diabetics</li>
- Signs/symptoms of renal failure: uremia, oliguria (< 400 ml/day), hyperkalemia, uremic pericarditis, hepatorenal syndrome, fluid overload</li>
  - ➤ Comorbids: cancer, lung/cardiac/liver disease, dementia, other vascular disease,
  - > Secondary: anemia, hyperkalemia, electrolyte imbalances, hyperparathyroidism



## **Open Access Philosophy**

- Increased time for advance care planning
- Earlier access to hospice services
- Collaborative relationships with community partners
- Expanded scope of services:
  - Inotropic therapy case-by-case basis, short-term use for palliative/comfort
  - Blood Products for palliative comfort, ease symptoms
  - ➤ Dialysis palliative, not to exceed 1 month, PPS 50% or >
  - ➤ Chemotherapy— palliative, Clear POC, ECOG <3 or PPS > 50%
  - Radiation standard 2D or 3D, palliative, clear POC
     \*\* Cyberknife, brachytherapy, IMRT, IGRT are generally not used in hospice setting



#### References

CMS (Center for Medicare and Medicaid Services). Retrieved 5/22/2018 from <a href="https://www.cms.gov/Regulations-and-Guidance/Legislation/CFC'sANDCoP's/Hospice.html">https://www.cms.gov/Regulations-and-Guidance/Legislation/CFC'sANDCoP's/Hospice.html</a>

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Centers for Medicare and Medicaid website <a href="www.cms.hhs.gov">www.cms.hhs.gov</a>

Palmetto GBA website <u>www.palmettogba.com</u>

